

# CAREGIVER RECOGNITION MONTH MAY

2024

STRENGTHENING OUR  
CONNECTIONS



# May is National Foster Care Month!

Every year, people open their homes to children in need – and they don't all have fancy houses or graduate degrees. What they do have is 100% Heart.



Recent 2022 data shows, on any given day in Ohio, nearly 15,000 children are being cared for away from their parents. About 4,000 of those children are placed with a relative or family friend.

Roughly 8,500 of them are living with foster parents. The remaining children are in residential care or another placement setting. More than 3,400 children are waiting to be adopted.

Please visit link for more information on becoming a foster caregiver: [Click Here](#).



# Cuyahoga County Foster Care, Kinship, & Adoption



**Every Child Needs Family**



**Cuyahoga County children need your help. There are more than 2000 children in DCFS custody through no fault of their own. Victims of abuse and/or neglect, some may need special care or attention to help them deal with the impact of trauma in their young lives. Each of these children needs and deserves a family who will love and protect them, but there is a shortage of homes and facilities across Ohio. You can help by becoming a foster or adoptive parent. [Click Here.](#)**



**Foster, Adoption  
& Kinship Care**

# PRE-SERVICE & LICENSED CAREGIVER TRAINING

**Strengthening Our Connections**

**The North Central Ohio Regional Training Center is an educational resource and support system which implements the mission of the Cuyahoga County Division of Children and Family Services by providing a learning environment for continuous performance improvement of agency staff, foster parents, and targeted community partners.**

# TRAINING SCHEDULE

This booklet will provide you with the information you will need to register in trainings for Staff, Licensed Caregivers, and Community Partners.

Please contact us should you have questions.

## LEARNING & PROFESSIONAL DEVELOPMENT

**Alice Legg**  
Phone # (216) 881-5814  
[Alice.Legg@jfs.ohio.gov](mailto:Alice.Legg@jfs.ohio.gov)

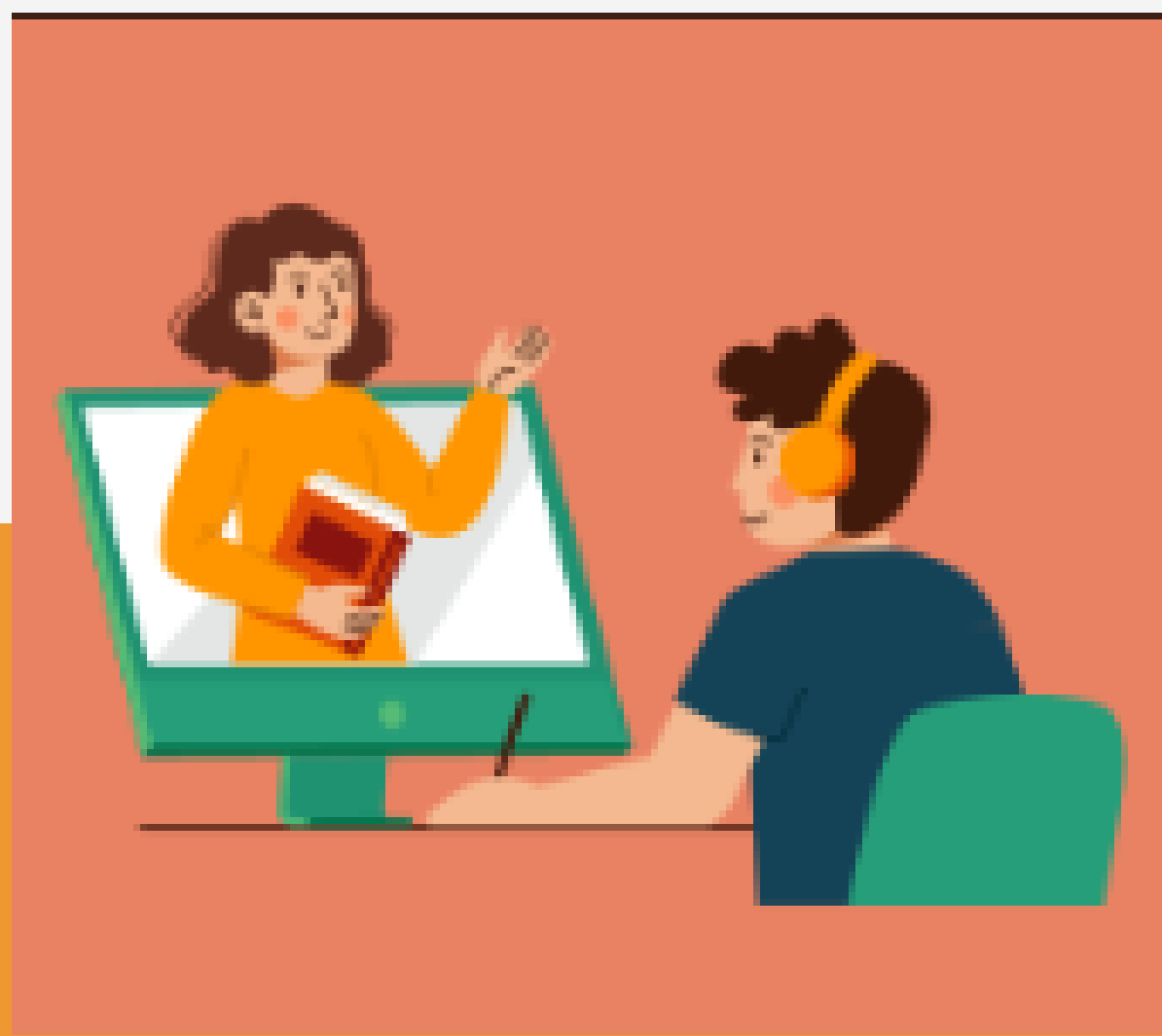
**Nefertiti McKinney-Wells**  
Phone # (216) 881-4048  
[Nefertiti.McKinney-Wells@jfs.ohio.gov](mailto:Nefertiti.McKinney-Wells@jfs.ohio.gov)

## RECRUITMENT DEPARTMENT

**Megan O'Shea**  
Phone # (216) 881-5775  
[CuyahogaFosterAdopt@jfs.ohio.gov](mailto:CuyahogaFosterAdopt@jfs.ohio.gov)

**Paechance Pottinger**  
Phone # (216) 881-5775  
[CuyahogaFosterAdopt@jfs.ohio.gov](mailto:CuyahogaFosterAdopt@jfs.ohio.gov)

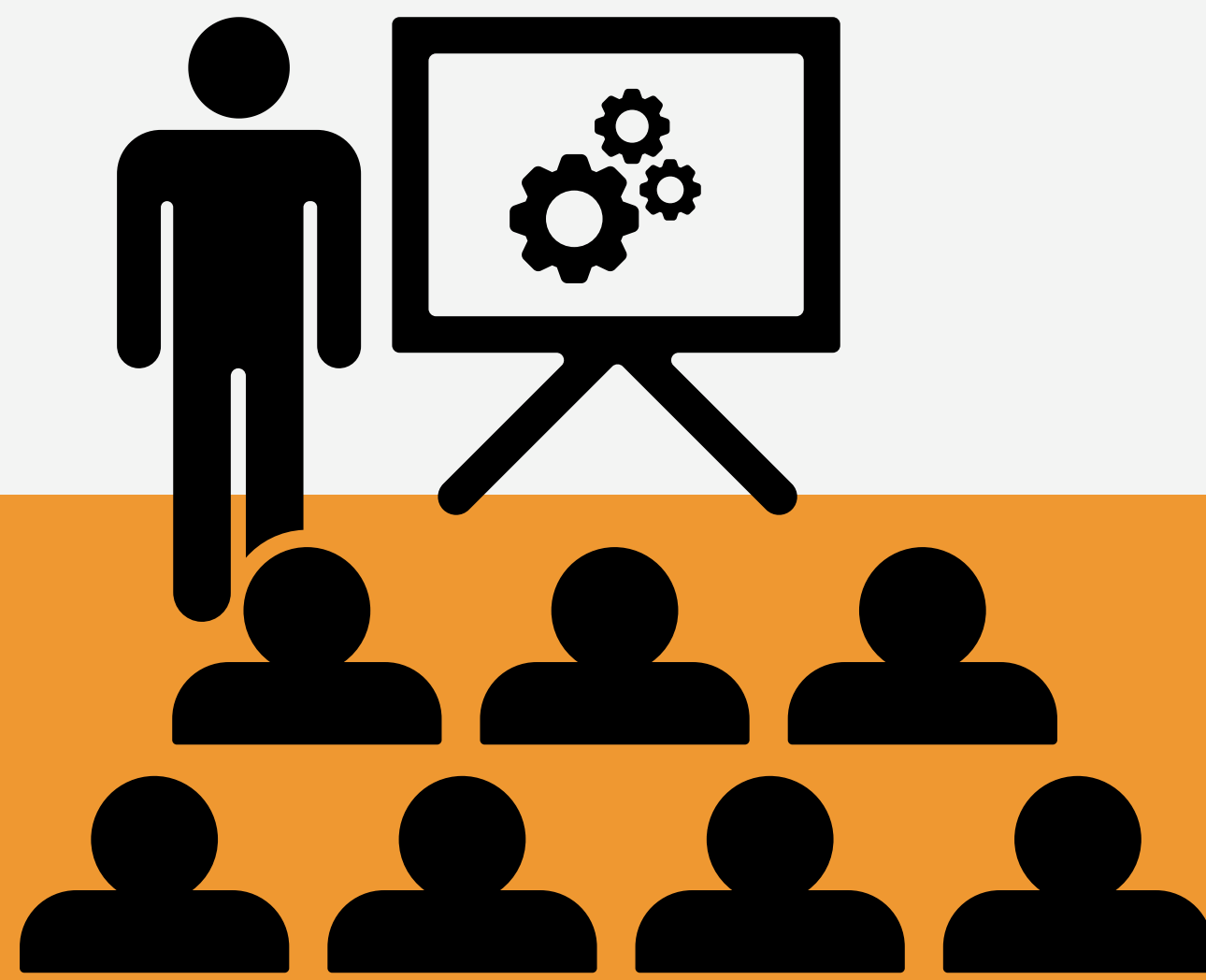




# VIRTUAL TRAINING

## Guidelines for an Optimal Learning Environment

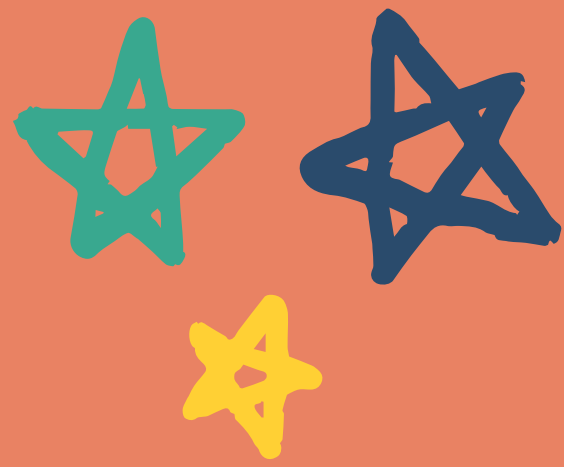
- 1) Missing more than 5 minutes per credit hour of training content will require you to retake the training complete session.
- 2) Electronic devices should be silenced during training sessions and used outside of the learning environment when needed.
- 3) All virtual sessions will be held on Zoom. Each participant must connect individually from a laptop, desktop computer, or tablet.
- 4) Cameras are required to be on for the entire duration of the virtual sessions. The class and chat are recorded and saved to track participation.
- 5) Minimize distractions-obtain childcare prior to the start of a session.
- 6) Complete training session evaluation survey.



# IN-PERSON TRAINING

## Guidelines for an Optimal Learning Environment

- 1) Arrive on Time.
- 2) Missing more than 5 minutes per credit hour of training content will require you to retake the complete training session.
- 2) Electronic devices should be silenced during training sessions and used outside of the learning environment when needed.
- 4) Photography and video recording during the training session contact is prohibited.
- 5) Minimize distractions-obtain childcare prior to the start of a session.
- 6) Complete training session evaluation survey.



# Virtual Training Sessions

May 2, 2024

CAPS LMS

**01**

**What's the Foundation of Your Parenting?**  
CAPS 13132

Thursday, May 2, 2024  
9:00 AM - 12:00 PM  
Location: Virtual

**02**

**Preventing and Solving Sibling Conflict.**  
CAPS 13135

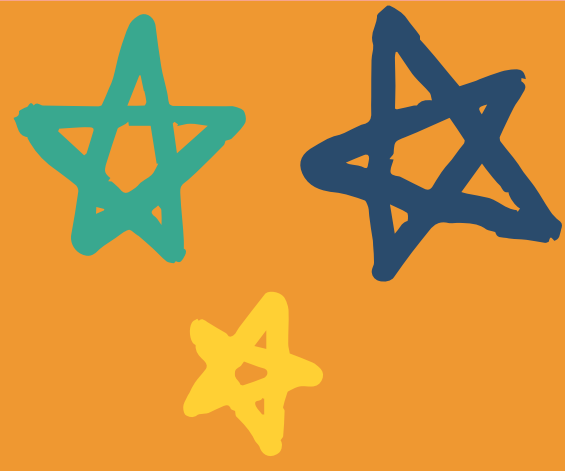
Thursday, May 2, 2024  
1:00 PM - 4:00 PM  
Location: Virtual

**03**

**Distinguishing Between Poverty  
Experienced by Families and Child Neglect.**  
CAPS 12238

Thursday, May 2, 2024  
6:00 PM - 9:00 PM  
Location: Virtual





# In-person Training Sessions

May 3, 2024

Starting  
Point

**01**

**Curly Hair and Skin Care:  
A Course for Multiracial Families.**

CAPS 12833

Friday, May 3, 2024

9:00 AM - 12:00 PM

Location: Starting Point

**02**

**Curly Hair and Skin Care:  
A Course for Multiracial Families.**

CAPS 12834

Friday, May 3, 2024

1:00 PM - 4:00 PM

Location: Starting Point

**Starting Point:**

**6001 Euclid Ave. Ste. 200**

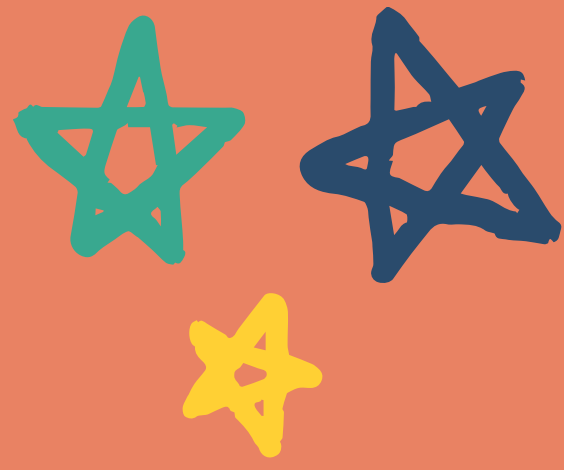
**Cleveland, OH. 44103**

# STARTING POINT

6001 Euclid Ave. Suite 200 Cleveland, OH. 44103

Please note that this building is has a secure entry system. Please let the person at the registration table in the lobby know you are here for the Caregiver Recognition Training Event.





# Virtual Training Sessions

May 16, 2024

CAPS LMS

**01**

**Understanding the Legal Process and the Role of the Foster Caregiver in Child Welfare Cases.** CAPS 11570

Thursday, May 16, 2024

9:00 AM - 12:00 PM

Location: Virtual

**02**

**Examining Grief and Loss: The Role of Social Emotional Learning in Grief Recovery.** CAPS 12674

Thursday, May 16, 2024

1:00 PM - 4:00 PM

Location: Virtual

**03**

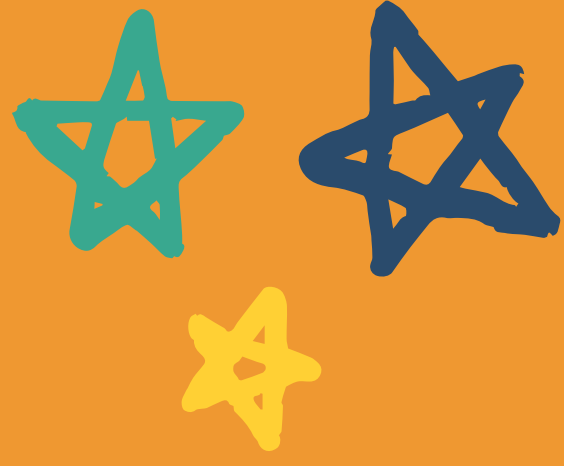
**Ethical Considerations for Resource Caregivers.** CAPS 12615

Thursday, May 16, 2024

6:00 PM - 8:00 PM

Location: Virtual





# In-person Training Sessions

**May 17, 2024**

**University  
Settlement**

**01**

**Interventions for Children who have  
Suffered Trauma. CAPS 12577**

Friday, May 17, 2024

9:00 AM - 4:00 PM

Location: University Settlement  
Parma

**University Settlement:**

**8911 W Ridgewood Dr.**

**Parma, OH. 44130**



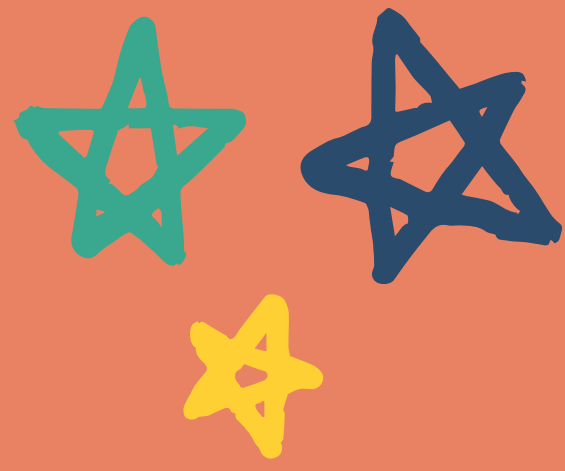
# UNIVERSITY SETTLEMENT

8911 W. Ridgewood Dr. Parma, OH. 44130

Please let the person at the registration  
table know you are here for the  
Caregiver Recognition Training Event.







# Virtual Training Sessions

May 30, 2024

CAPS LMS

**01**

**Anxiety Disorders among Children and Adolescents: Recognition and Interventions.** CAPS 13047

Thursday, May 30, 2024

9:00 AM - 12:00 PM

Location: Virtual

**02**

**ADHD among Children and Adolescents.** CAPS 13048

Thursday, May 30, 2024

1:00 PM - 4:00 PM

Location: Virtual

**03**

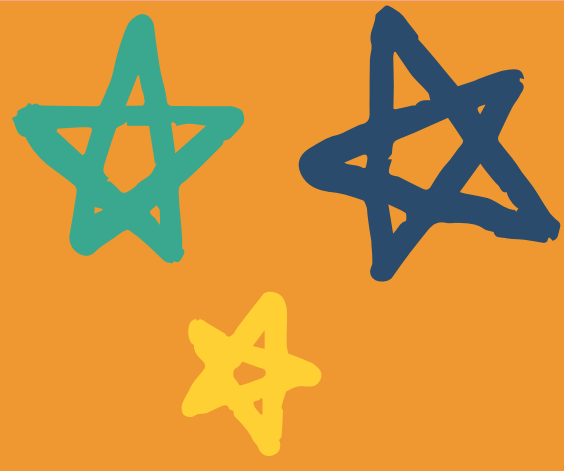
**Don't Talk...Don't Trust...Don't Feel:  
Growing Up with an Addicted Parent.**  
CAPS 12893

Thursday, May 30, 2024

6:00 PM - 9:00 PM

Location: Virtual





# In-person Training Sessions

**May 31, 2024**

**Starting  
Point**

**01**

**Strengthening the Child Welfare Team:  
Who, What, Where, When, and How for  
the Best Interest of the Child.**

CAPS 12618

Friday, May 31, 2024

9:00 AM - 12:00 PM

Location: Starting Point

**02**

**Strengthening the Child Welfare Team:  
Who, What, Where, When, and How for  
the Best Interest of the Child.**

CAPS 12895

Friday, May 31, 2024

1:00 PM - 4:00 PM

Location: Starting Point

**Starting Point:**

**6001 Euclid Ave. Ste. 200**

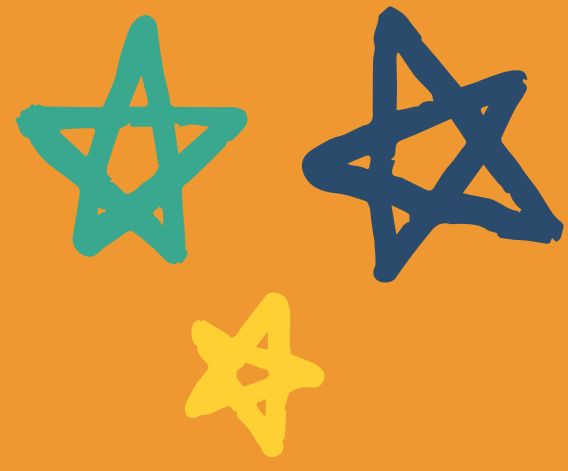
**Cleveland, OH. 44103**

# STARTING POINT

6001 Euclid Ave. Suite 200 Cleveland, OH. 44103

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# In-person Training Sessions

**May 31, 2024**

**Westshore**

**01**

**Child Car Seat Safety Restraints  
Training.** CAPS 12803

Friday, May 31, 2024

9:00 AM - 12:30 PM

Location: Westshore

**Westshore:**

**9830 Lorain Rd.**

**Cleveland, OH. 44102**

# WESTSHORE OPPORTUNITY CENTER

9830 Lorain Ave. Cleveland, OH 44102

Please note that this building is a mandatory X-ray and metal detector building. This means that everyone who enters the building must go through these machines as well as their belongings daily.





2024

# STRENGTHENING OUR CONNECTIONS

**WHAT'S THE FOUNDATION OF YOUR PARENTING?**

**LOCATOR ID #13132**

**DATE:** Thursday, May 2, 2024    **TIME:** 9:00AM—12:00PM    **CREDIT HOURS:** 3.0

**REGISTRATION:** Maximum 25    **TRAINER:** Jody Johnston -Pawel

**LOCATION:** Virtual - CAPS/ZOOM

**CONTENT:** See a parenting "style show" that reveals which parenting practices will get the long-term results you want. Discover the secrets for building healthy parenting habits and working together as a team with your parenting partners, including caseworkers and birth parents.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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**PREVENTING AND SOLVING SIBLING CONFLICT**

**LOCATOR ID #13135**

**DATE:** Thursday, May 2, 2024    **TIME:** 1:00PM—4:00PM

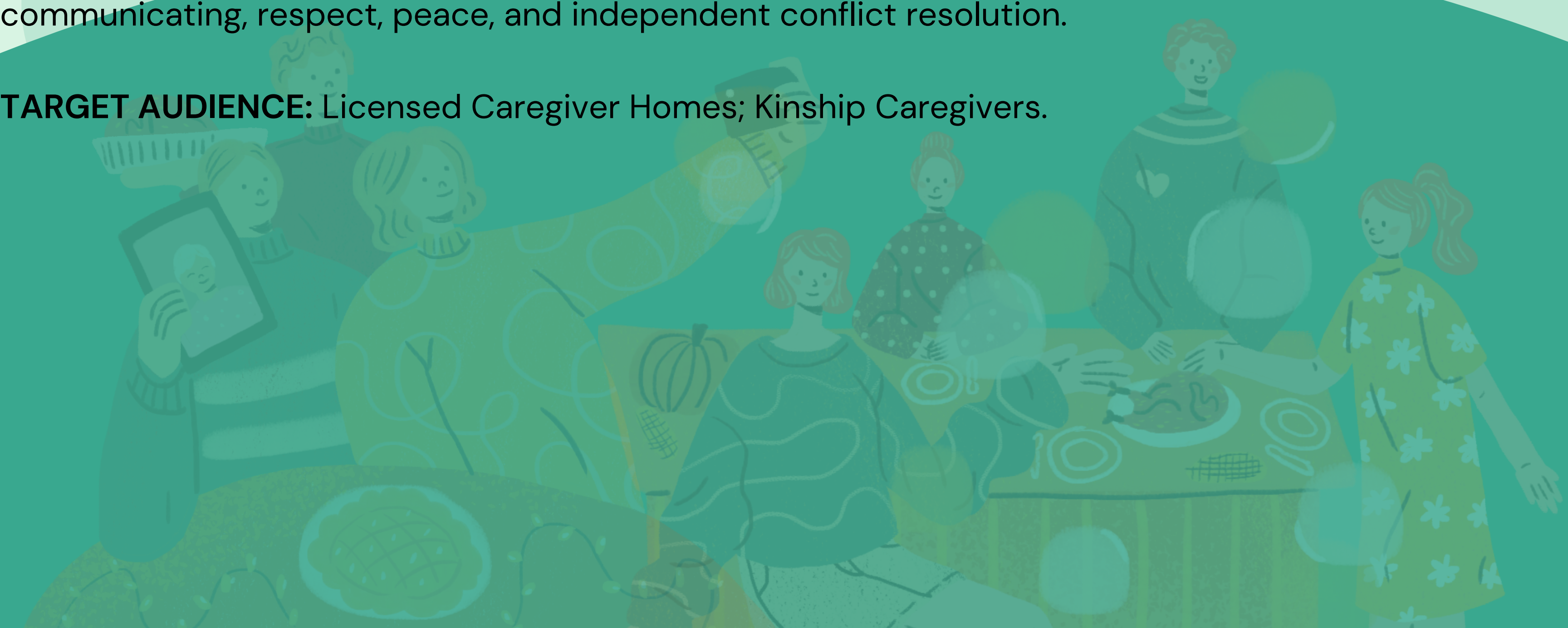
**CREDIT HOURS:** 3.0

**REGISTRATION:** Maximum 25    **TRAINER :** Jody Johnston -Pawel

**LOCATION:** Virtual - CAPS/ZOOM

**CONTENT:** This informative workshop offers tips for introducing new children into the foster family, preventing sibling rivalry, and resolving sibling/peer conflicts in ways that teach children how to resolve conflict independently and peacefully. These techniques result in LESS competing, comparing, complaining, arguing, fighting, and tattling, and MORE sharing, cooperating, listening, communicating, respect, peace, and independent conflict resolution.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

**DISTINGUISHING BETWEEN POVERTY EXPERIENCED**

**LOCATORID#128838**

**DATE:** THURSDAY, MAY 2, 2024

**TIME:** 6:00PM—9:00PM

**CREDIT HOURS:** 3.0

**REGISTRATION:** MAXIMUM 25

**TRAINER:** DR. CHRISTINE CROSS

**LOCATION:** VIRTUAL – CAPS/ZOOM

**CONTENT:** It is important that resource families understand that poverty and neglect do not always go hand in hand. In this class, you will learn to not only distinguish between the two but also understand why poor children are more likely to come to the attention of the child protection system. You will learn how structural racism factors in the disproportion of children of color in foster homes, how poverty can be a risk factor of neglect but not a prerequisite, and how bias and stereotypes can impact a caregiver’s ability to work with a child and their family experiencing poverty. Most importantly, you will learn strategies that will help you work collaboratively with families from a socioeconomic status that differs from your own.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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**CURLY HAIR AND SKIN CARE:**

**LOCATOR ID #12833**

**A COURSE FOR MULTIRACIAL FAMILIES**

**DATE:** Friday, May 3, 2024

**TIME:** 9:00AM—12:00PM

**CREDIT HOURS:** 3.0

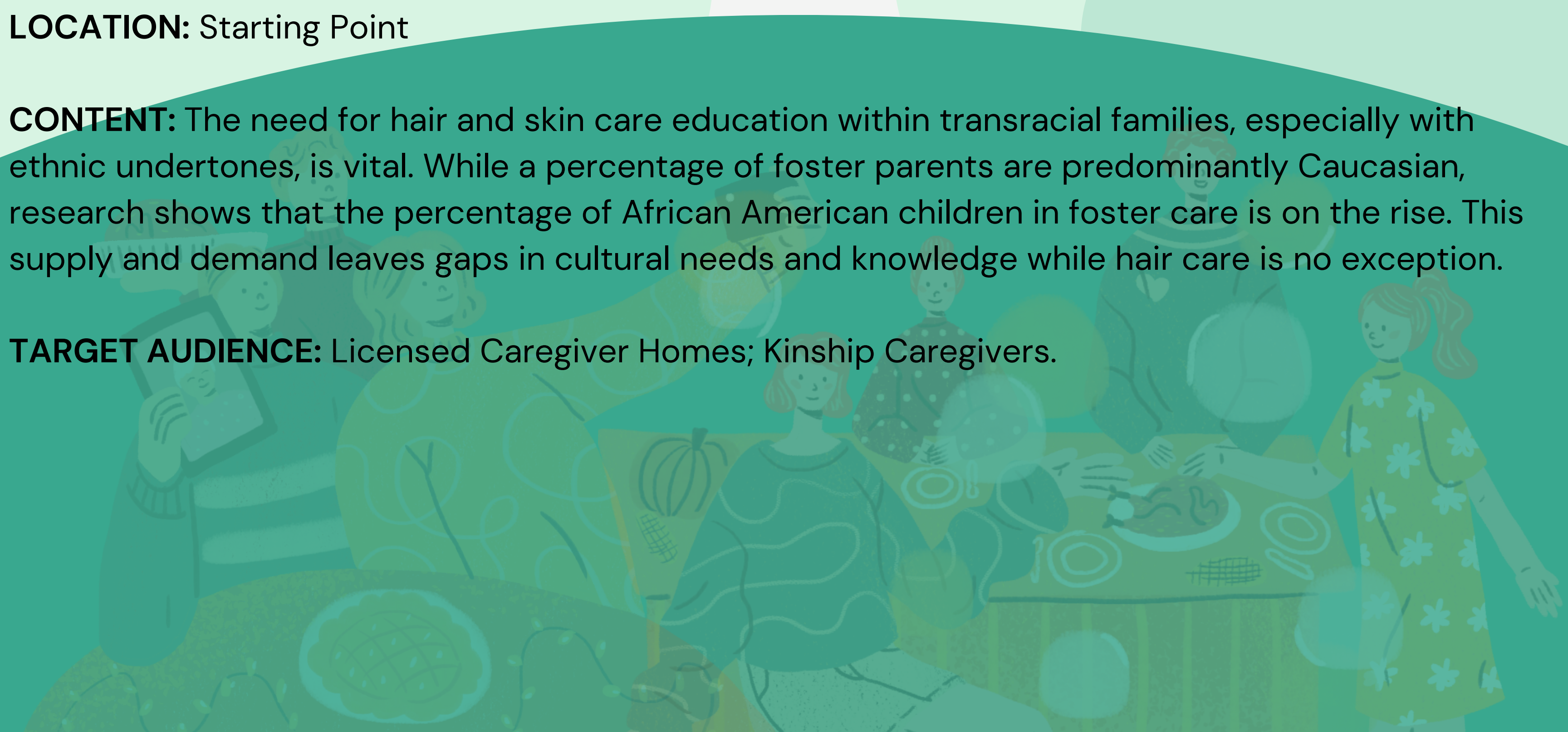
**REGISTRATION:** Maximum 15

**TRAINER :** Lauren Burnette

**LOCATION:** Starting Point

**CONTENT:** The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

**CURLY HAIR AND SKIN CARE:  
COURSE FOR MULTIRACIAL FAMILIES**

**LOCATOR ID #128334**

**DATE:** FRIDAY, MAY 3, 2024

**TIME:** 1:00PM—4:00PM

**CREDIT HOURS:** 3.0

**REGISTRATION:** MAXIMUM 15

**TRAINER :** LAUREN BURNETTE

**LOCATION:** STARTING POINT

**CONTENT:** The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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**EXAMINING GRIEF AND LOSS: THE ROLE OF SOCIAL  
EMOTIONAL LEARNING IN GRIEF RECOVERY**

**LOCATOR ID #12674**

**DATE:** THURSDAY, MAY 16, 2024

**TIME:** 1:00PM—4:00PM

**CREDIT HOURS:** 3.0

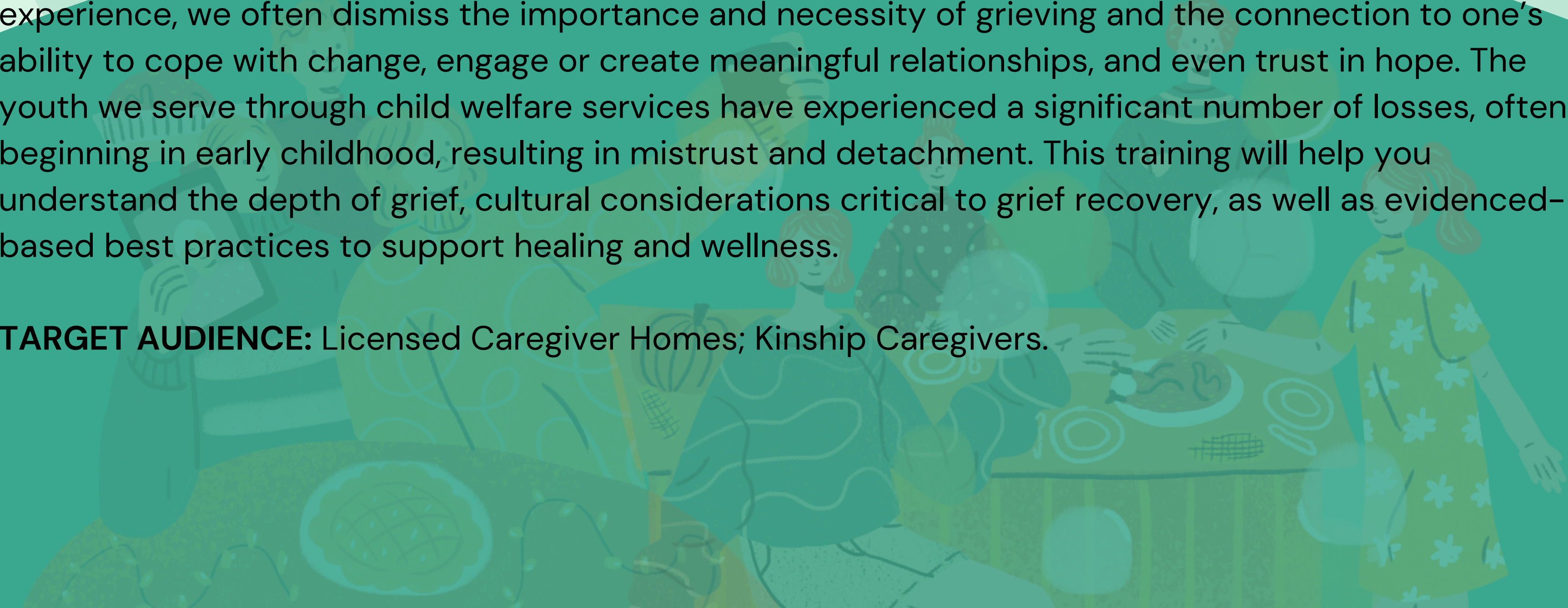
**REGISTRATION:** MAXIMUM 25

**TRAINER :** LATOYA LOGAN

**LOCATION:** Virtual - CAPS/ZOOM

**CONTENT:** Every human being will experience several losses across their lifetime, some of which have the potential to negatively impact one's mental wellness and life stability. While loss is a natural experience, we often dismiss the importance and necessity of grieving and the connection to one's ability to cope with change, engage or create meaningful relationships, and even trust in hope. The youth we serve through child welfare services have experienced a significant number of losses, often beginning in early childhood, resulting in mistrust and detachment. This training will help you understand the depth of grief, cultural considerations critical to grief recovery, as well as evidenced-based best practices to support healing and wellness.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

## ETHICAL CONSIDERATIONS FOR RESOURCE CAREGIVERS

LOCATOR ID #12615 RR

DATE: THURSDAY, MAY 16, 2024

TIME: 6:00PM—8:00PM

CREDIT HOURS: 2.0

REGISTRATION: MAXIMUM 25

TRAINER : DEANNA PREZIOSO

LOCATION: VIRTUAL – CAPS/ZOOM

**CONTENT:** Resource Readiness – LEGAL AND ETHICAL ISSUES FOR CAREGIVERS This workshop will give participants an understanding of common ethical dilemmas encountered by resource caregivers both in working with agency staff as well as in their work with birth family. Participants will also gain an understanding of resources available to assist them with navigating ethical considerations.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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## INTERVENTIONS FOR CHILDREN WHO HAVE SUFFERED TRAUMA

LOCATOR ID #12577

DATE: FRIDAY, MAY 17, 2024

TIME: 9:00AM—4:00PM

CREDIT HOURS: 6.0

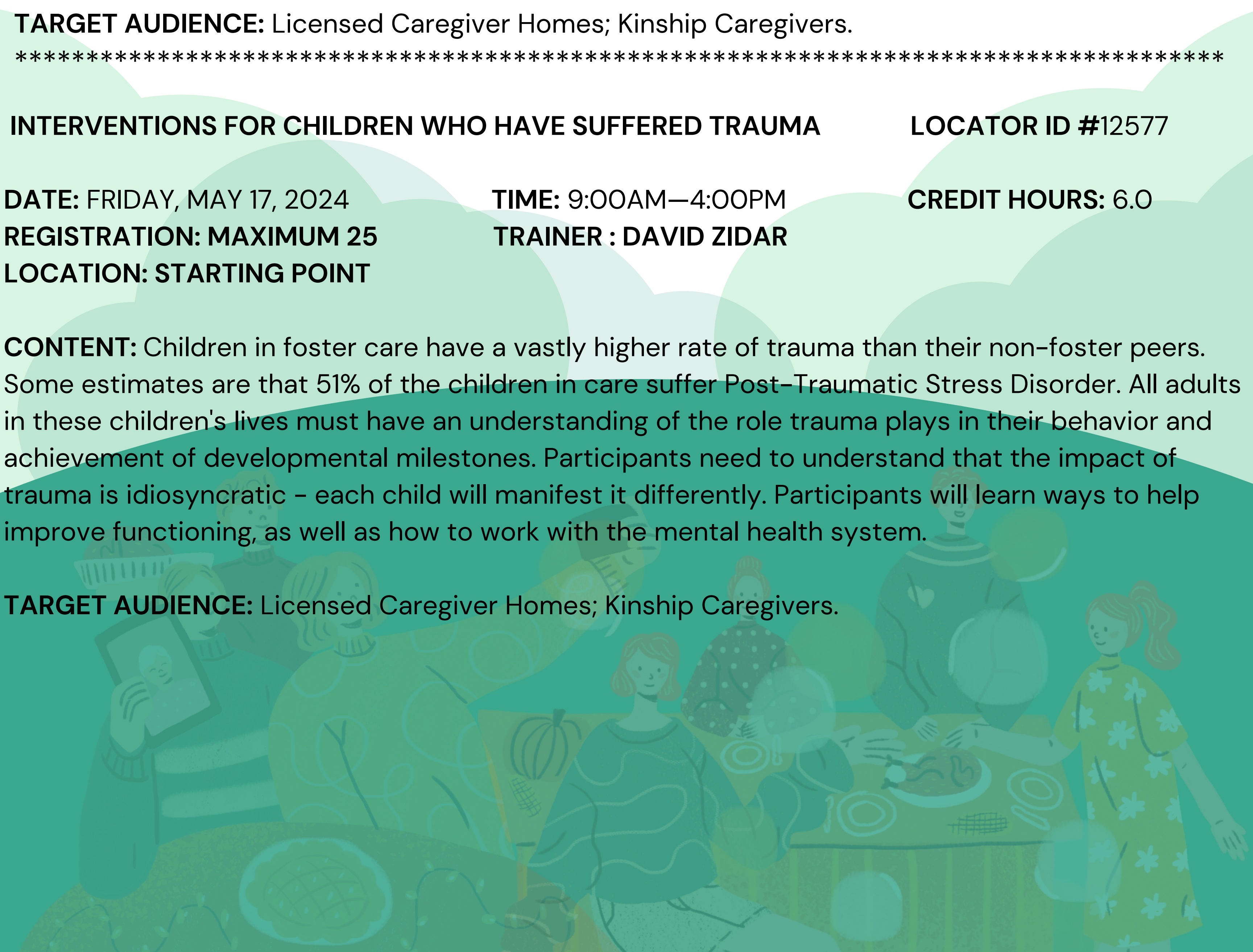
REGISTRATION: MAXIMUM 25

TRAINER : DAVID ZIDAR

LOCATION: STARTING POINT

**CONTENT:** Children in foster care have a vastly higher rate of trauma than their non-foster peers. Some estimates are that 51% of the children in care suffer Post-Traumatic Stress Disorder. All adults in these children's lives must have an understanding of the role trauma plays in their behavior and achievement of developmental milestones. Participants need to understand that the impact of trauma is idiosyncratic – each child will manifest it differently. Participants will learn ways to help improve functioning, as well as how to work with the mental health system.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

**ANXIETY DISORDERS AMONG CHILDREN AND ADOLESCENTS: RECOGNITION AND INTERVENTIONS**

**LOCATOR ID #13047**

**DATE:** THURSDAY, MAY 30, 2024

**TIME:** 9:00PM–12:00PM

**CREDIT HOURS:** 3.0

**REGISTRATION:** MAXIMUM 25

**TRAINER :** STACY SIMERA

**LOCATION:** VIRTUAL – CAPS/ZOOM

**CONTENT:** The purpose of this course is to educate caregivers on the diagnosis and treatment of child and adolescent anxiety disorders. Primary focus will be on Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria and evidence-based treatment practices.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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**ADHD AMONG CHILDREN AND ADOLESCENTS**

**LOCATOR ID #13048**

**DATE:** THURSDAY, MAY 30, 2024

**TIME:** 1:00PM–4:00PM

**CREDIT HOURS:** 3.0

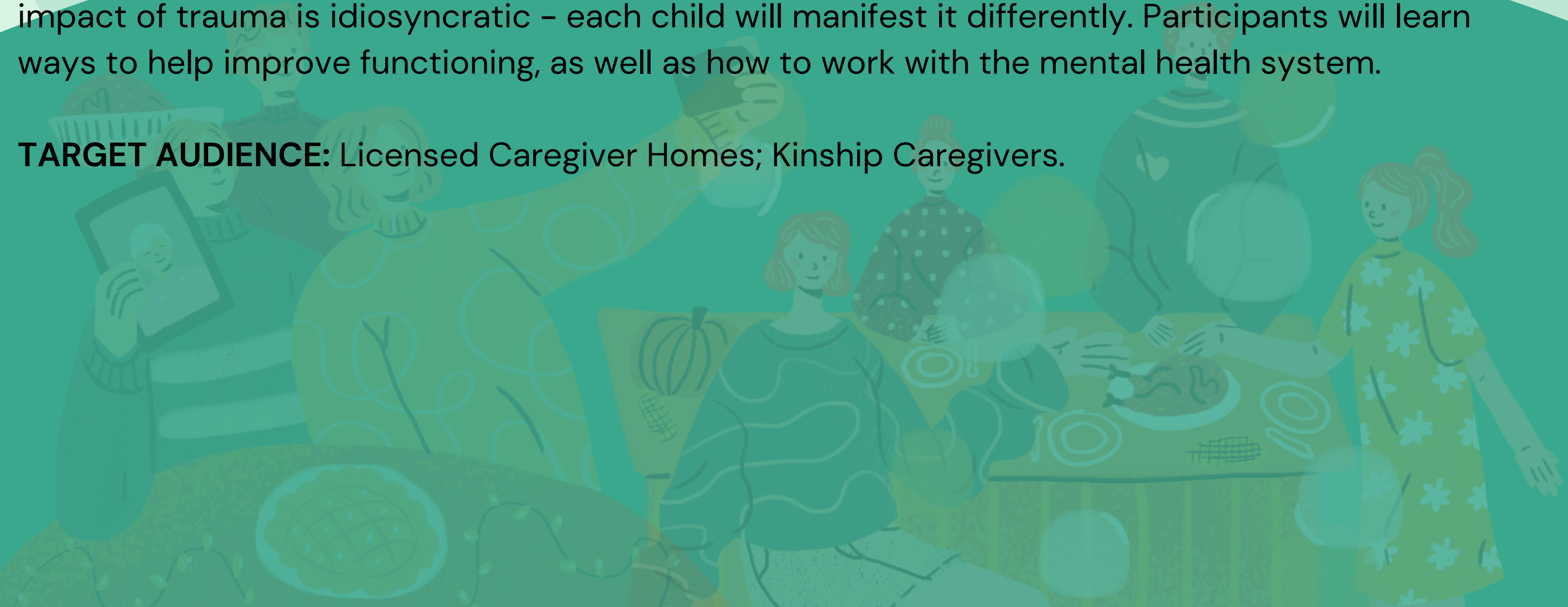
**REGISTRATION:** MAXIMUM 25

**TRAINER:**STACY SIMERA

**LOCATION:** VIRTUAL – CAPS/ZOOM

**CONTENT:** Children in foster care have a vastly higher rate of trauma than their non-foster peers. Some estimates are that 51% of the children in care suffer Post-Traumatic Stress Disorder. All adults in these children's lives must have an understanding of the role trauma plays in their behavior and achievement of developmental milestones. Participants need to understand that the impact of trauma is idiosyncratic – each child will manifest it differently. Participants will learn ways to help improve functioning, as well as how to work with the mental health system.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

**DON'T TALK...DON'T TRUST...DON'T FEEL:  
GROWING UP WITH AN ADDICTED PARENT.**

**LOCATOR ID #12893**

**DATE:** THURSDAY, MAY 30, 2024

**TIME:** 6:00PM—9:00PM

**CREDIT HOURS:** 3.0

**REGISTRATION:** MAXIMUM 25

**TRAINER :**BRIAN LOWERY

**LOCATION:** VIRTUAL – CAPS/ZOOM

**CONTENT:** This training will provide an understanding of the dynamics of growing up in a home where one of the primary caregivers is abusing substances or is addicted. We will examine roles children take on to meet their needs and bring balance to their family, and how those roles may transfer into a kinship/foster home. Attendees will be armed with tools and strategies to support these children during out-of-home placement and upon returning home.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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## CHILD CAR SEAT SAFETY RESTRAINTS TRAINING

**LOCATOR ID #12803**

**DATE:** FRIDAY, MAY 30, 2024

**TIME:** 9:00AM—12:30PM

**CREDIT HOURS:** 3.5

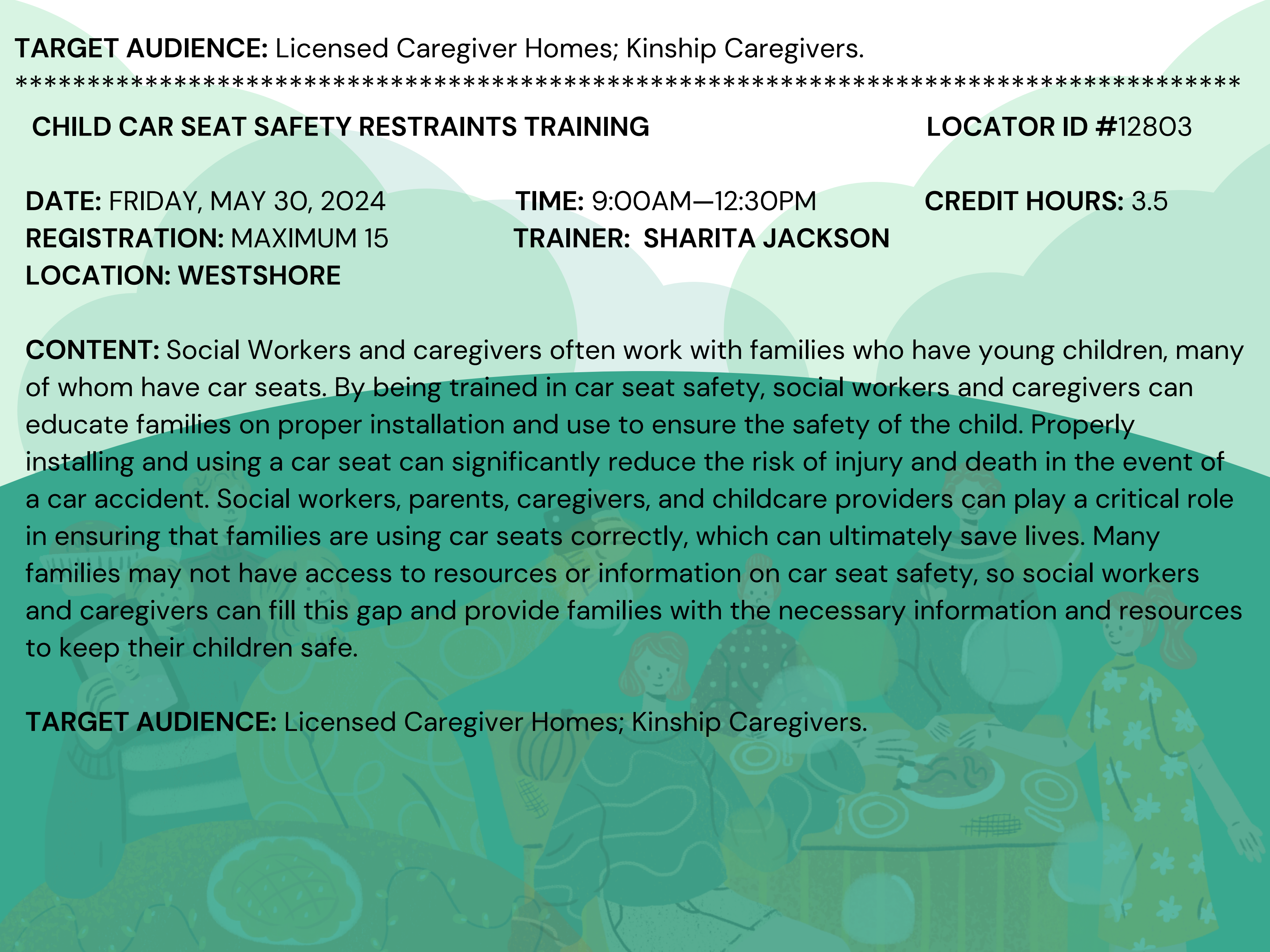
**REGISTRATION:** MAXIMUM 15

**TRAINER:** SHARITA JACKSON

**LOCATION:** WESTSHORE

**CONTENT:** Social Workers and caregivers often work with families who have young children, many of whom have car seats. By being trained in car seat safety, social workers and caregivers can educate families on proper installation and use to ensure the safety of the child. Properly installing and using a car seat can significantly reduce the risk of injury and death in the event of a car accident. Social workers, parents, caregivers, and childcare providers can play a critical role in ensuring that families are using car seats correctly, which can ultimately save lives. Many families may not have access to resources or information on car seat safety, so social workers and caregivers can fill this gap and provide families with the necessary information and resources to keep their children safe.

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.





2024

# STRENGTHENING OUR CONNECTIONS

**STRENGTHENING THE CHILD WELFARE TEAM:  
WHO, WHAT, WHERE, WHEN, AND  
HOW FOR THE BEST INTEREST OF THE CHILD.**

**LOCATOR ID #12618**

**DATE:** FRIDAY, MAY 31, 2024

**TIME:** 9:00AM—12:00PM

**CREDIT HOURS:** 3.0

**REGISTRATION:** MAXIMUM 25

**TRAINER:** DAVID ZIDAR

**LOCATION:** STARTING POINT

**CONTENT:** Why won't caseworkers share all the details about a child's case? Why are foster parents so emotional about our children in care? What are the job duties of a caseworker, the foster parent, and the support worker? Who's responsible for what, when, where, and how? This workshop will include foster parents, intake and ongoing workers, and support staff. Participants will examine the perception of roles, responsibilities, and challenges of each team member, and identify how those views can build barriers. Participants will develop team-building strategies to enhance communication skills, promote team cohesiveness, and develop successful working relationships. .

**TARGET AUDIENCE:** Licensed Caregiver Homes; Kinship Caregivers.

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2024

STRENGTHENING OUR  
COMMUNITY  
CONNECTIONS

CAREGIVER  
RECOGNITION  
MONTH  
MAY

*Truly  
Grateful  
for you.*